

coop deals

JUN 5 - JUN 18, 2024

snack away

Empty a bag of Kettle Brand Sea Salt Chips into a big bowl and let the snacking begin. Stop by the co-op for these delicious chips and other fixings for your next outdoor gathering.



2.79

**Kettle Brand
Potato Chips**

4.25-5 oz., selected varieties



2/\$7 Tony's Chocolonely
Chocolate Bars
6.35 oz., selected varieties



3.99

Vita Coco
Coconut Water
33.8 fl. oz., selected
varieties



4.79

Lifeway
Organic Kefir
32 fl. oz., selected
varieties

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make delicious food with nourishing ingredients to help you thrive on your wellness journey.



5.99

Purely Elizabeth
Granola
8-12 oz.,
selected varieties



5.69

Sky Valley
Sriracha Sauce
18.5 oz.



Savor the summer with snacks from the co-op.

Outdoor gatherings made better.

COOPERATIVELY OWNED



4.79

Organic Valley Ultra Pasteurized Half & Half 32 fl. oz.



strawberry the Nordic way



Our Skyr delivers the pure essence of Iceland in every bite. Free from artificial flavors or colors, rich in protein, not sugar, to fill you up and keep you going.

1.79

Icelandic Provisions Traditional or Extra Creamy Skyr Yogurt 4.4-5.3 oz., selected varieties



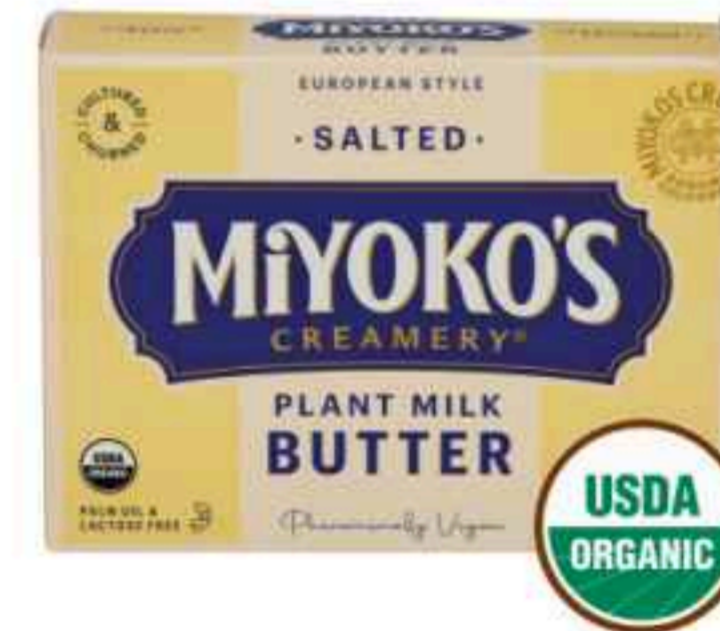
3.79

Follow Your Heart Dairy-free Cheese Slices 7 oz., selected varieties



3.99

Upton's Naturals Seitan 5-8 oz., selected varieties



4.79

Miyoko's Creamery Organic Plant Milk Butter 8 oz., selected varieties



crafted with less

With 18 grams of high-quality protein. No artificial anything.

4.99

Siggi's Skyr Yogurt 24 oz., selected varieties



Refreshing options are at the co-op.



2.99
Califia Farms
Cold Brew Coffee
10.5 fl. oz., selected
varieties



billions of reasons

Our live probiotics are curated for your gut health. Kevita takes pride in knowing each bottle lives up to our extremely high standards. Viva Kevita! We love your guts!

2.69

Kevita
Organic Kombucha
15.2 fl. oz., selected varieties



3.99
Daiya
Dairy-free Shreds
7.1 oz., selected
varieties



4.49
Nancy's
Organic Cottage
Cheese
16 oz., selected varieties



3.49 Farmers Hen House
Large Brown Grade
A Free-range Eggs
1 doz.



5.99

Vital Farms
Large Pasture-raised
Grade A Eggs
1 doz.

*ethical and
traceable*

We're committed to improving the lives of people, animals and planet through food. All our pasture-raised eggs are laid by happy hens on family farms.



2/\$7

Evolution Fresh
Organic Juice
15.2 fl. oz., selected varieties

Wake up with breakfast from the co-op.



make your coffee functional

Our organic, sustainably sourced, specialty-grade cold brews, blended with our organic, adaptogen-powered beverages, make some seriously delicious functional fuel.

2/\$6

Chameleon Cold-Brew Organic Ready-to-Drink Coffee 10 fl. oz., selected varieties

3.79

Rebbl Organic Elixir 12 fl. oz., selected varieties

3.79

Rebbl Organic Protein Beverage 12 fl. oz., selected varieties

8.99

Chameleon Cold-Brew Organic Coffee Concentrate 32 fl. oz., selected varieties



4.69

Jolly Llama Dairy-free Frozen Novelties 10.6-14.25 fl. oz., selected varieties



4.99

Bubbies Mochi Ice Cream 7.5 oz., selected varieties



4.99

So Delicious Dairy-free Frozen Dessert 1 pt., selected varieties



9 billion probiotics

INCLUSIVE TRADE PARTNER

GT's Living Foods is a family- and LGBTQIA+-owned business. For over 25 years, SYNERGY Raw Kombucha has been handcrafted in small batches and fully fermented for 30 days, ensuring maximum purity and potency.

2/\$6

GT's Kombucha 16 fl. oz., selected varieties



Everything for summer days is at the co-op.

check it oat

Look! Innovative, plant-based products hanging out in this Co+op Deals flyer trying to get the attention of forward-thinking shoppers who might be interested in delicious products made from... wait for it... oats. Find out more at oatly.com.



3.69
Oatly
Oatmilk
32 fl. oz., selected varieties



3.99
Oatly
Non-dairy
Frozen Dessert
1 pt., selected varieties



4.49
Oatly
Oatmilk
64 fl. oz., selected varieties



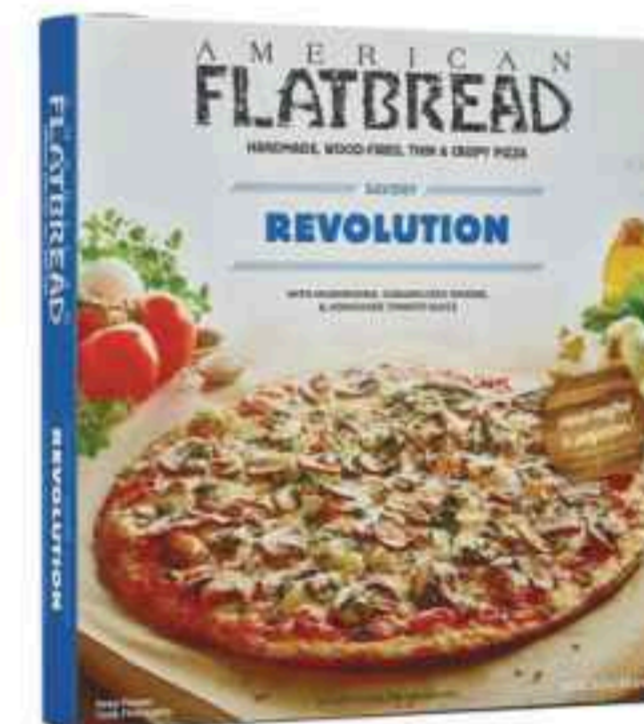
4.49
Oatly
Oatmilk Creamer
29.7 fl. oz., selected varieties



2/\$5
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



4.79
Andrew & Everett
Swiss Sliced
Cheese
7 oz.



9.99
American
Flatbread
Pizza
16.61-18.62 oz., selected varieties

summer smoothies

SCAN FOR RECIPE

There's no better time for a cool treat like this strawberry-pomegranate smoothie with kefir, yogurt or nondairy milk.



Find more summer recipes at grocery.coop.



2/\$5

Westbrae Organic Beans
15 oz., selected varieties



2/\$5

Native Forest Organic Unsweetened Coconut Milk
13.5 fl. oz., selected varieties



7.99

Once Again Organic Sesame Tahini
16 oz., selected varieties



3.29

Crown Prince Oysters
3 oz., selected varieties



7.99

Navitas Organics Unsweetened Cacao Powder
8 oz.



7.99

Lucini Italia Organic Pasta Sauce
24 oz., selected varieties



11.99

Nutiva Organic Fair Trade Virgin Coconut Oil
23 fl. oz.



3.69

Jovial Organic Tomatoes or Brown Rice Pasta
12 -18.3 oz., selected varieties

crafted in Italy

Crafted in Italy using time-honored production methods, our brown rice pasta is as close to traditional as gluten free can be. Our master pasta artisans use bronze dies and slow drying to create award-winning taste and texture.



Stock the pantry with help from the co-op.

Some items may not be available at all stores or on the same days



2/\$4

Rxbar Protein Bars
1.83 oz., selected varieties



6.49

Food for Life Organic Cereal
16 oz., selected varieties



13.99

Four Sigmatic Organic Mushroom Coffee
12 oz., selected varieties



2/\$8

Happy Family Organics Yogis
1 oz., selected varieties



3.99

St. Dalfour Fruit Spread
10 oz., selected varieties



5.49

Pamela's Whenever Bar
5 pk-1.41 oz., selected varieties



2.69
Woodstock Organic Mustard
8 oz., selected varieties



2/\$6
Woodstock Organic Ketchup
19.5-20 oz., selected varieties



3.99
Woodstock Organic Mayonnaise
16 fl. oz.



4.99
Woodstock Organic Pickles
24 fl. oz., selected varieties

elevate your summer meals

Take your barbecue to a new level with **Woodstock's** Organic Condiments and Pickles! Tangy ketchup, crunchy dill pickles, creamy mayo and zesty mustard all made with premium quality and taste!

Picnic and BBQ essentials are at the co-op.



2.19

Clean Cause
Organic Sparkling
Yerba Mate
16 fl. oz., selected varieties



classic snacks since 1960

Back to Nature sparked the natural foods movement when we started selling granola at a small health food store in California. We've been perfecting our classic snacks ever since.

3.99

Back to Nature
Cookies
6-12 oz., selected varieties



3/\$5

Steaz
Organic Iced Tea
16 fl. oz.,
selected varieties



2.19

Essentia
Ionized Water
50.7 fl. oz.

Never miss your
favorite deals



Co+op deals.

Download the App!

- Find your closest food co-ops
- See what's on sale
- Never miss your favorite deals

Scan the QR codes to download the Co+op Deals app!



3.79

R.W. Knudsen
Juice Blends
32 fl. oz.,
selected varieties



3.79

Lakewood
Organic Pure
Lemon or Lime
Juice
12.5 fl. oz.

Never miss a deal with the Co+op Deals app.



2.79

From the Ground Up
Cauliflower
Crackers
3.5-4 oz., selected varieties



2/\$6

Hippeas
Chickpea Puffs
4 oz., selected varieties



2/\$6

Alter Eco
Organic
Chocolate Bars
2.65-2.96 oz., selected
varieties



2/\$7

Annie's
Organic Bunny
Grahams or
Crackers
7-7.5 oz.,
selected varieties



3.79

Late July
Tortilla Chips
7.5-7.8 oz.,
selected varieties



3.99

SkinnyDipped
Dipped Nuts
3.5 oz., selected varieties



4.49

Sahale Snacks
Nut Mix
4 oz., selected varieties



10.99

Navitas Organics
Goji Berries
8 oz.



1.89

San Pellegrino
Sparkling Mineral
Water
25.3 fl. oz.



1.99

San Pellegrino
Sparkling Mineral
Water
33.8 fl. oz., selected varieties



5.49

San Pellegrino
Italian Sparkling Drink
6-pk.-11.15 fl. oz. cans,
selected varieties



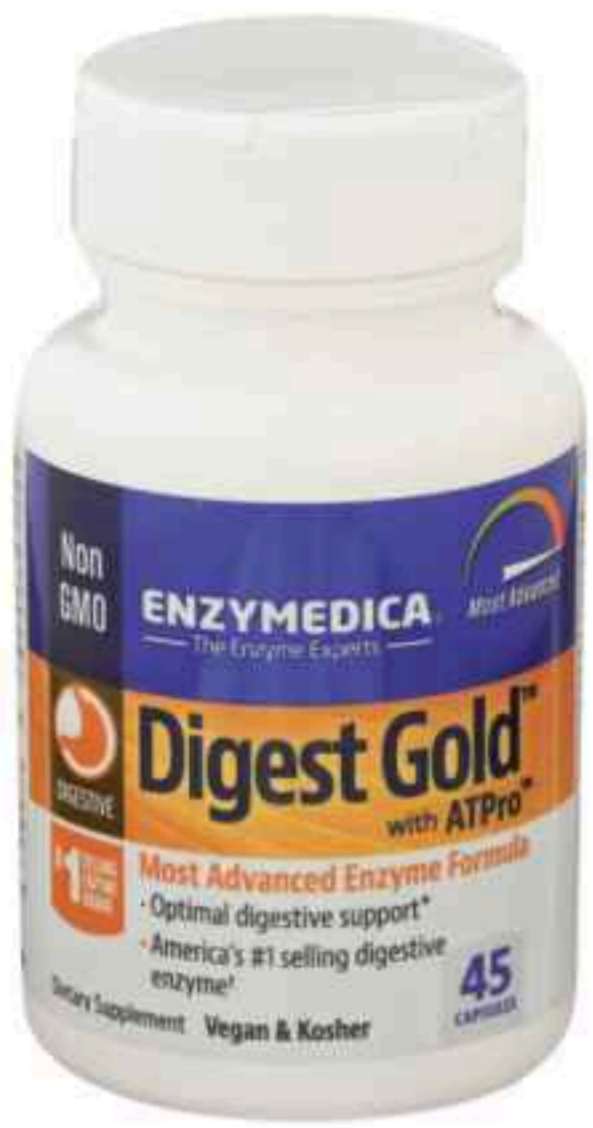
5.49

San Pellegrino
Italian Sparkling Drink
6 pk.-11.15 fl. oz. cans,
selected varieties

←
*enhance
any moment*

San Pellegrino guides you to unique taste experiences. Experiences that begin with fine food and venture far beyond. With its incomparable taste and "Italianity," San Pellegrino enhances any moment.

The co-op has delicious beverages for summer.



19.99

**Enzymedica
Digest Gold**
45 ct.



plants with benefits

Goldthread's refreshing, craft-brewed tonics are made with the highest-quality medicinal plants and adaptogens from around the world and are expertly formulated to fuel you to feel your best.

2/\$6

**Goldthread
Herbal Tonics**
12 fl. oz., selected varieties



15.99

**Nature's Way
Sambucus
Immune Gummies**
60 ct.



27.99

**Four Sigmatic
Organic Plant-based
Protein Powder**
16.9-21.16 oz., selected varieties



delicious turmeric gummies

Made with organic fermented turmeric and ginger, Turmeric Inflammatory Response Gummies are certified organic and Non-GMO Verified, and contain no animal gelatin or refined sugars.



22.99

**Garden of Life
Mykind Organics
Turmeric Inflammatory
Response Gummy**
120 ct.



54.99

**Nordic Naturals
Ultimate Omega**
180 ct.

The co-op has supplements for summer activities.

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inclusive trade

4.79

Badger Aloe Vera After Sun Gel
4 fl. oz.



inclusive trade

7.79

Badger Anti-bug Spray
4 fl. oz.



inclusive trade

10.99

Badger Active SPF 30 Mineral Sunscreen Cream
2.9 fl. oz.



inclusive trade

10.99

Badger Sport SPF 40 Mineral Sunscreen Cream
2.9 fl. oz.

←
*clean ingredients,
powerful protection*

INCLUSIVE TRADE PARTNER

Badger is a family-owned, women-led B Corp that uses the cleanest ingredients in everything we make. Our formulations are inspired by the healing powers of nature, with each product meant to protect, soothe or heal without causing harm to the planet.



inclusive trade

←
safer household cleaning

INCLUSIVE TRADE PARTNER

ECOS is a woman- and Black-owned company making plant-powered cleaning products for over 55 years. With more than 120 Safer Choice products, ECOS leads the industry in green science and sustainability.

12.99

Ecos Liquid Laundry Detergent
100 fl. oz., selected varieties



2/\$7

Dr. Bronner's Pure Castile Bar Soap
5 oz., selected varieties



5.49

Himalaya Toothpaste
4-5.29oz, selected varieties



5.79

Every Man Jack Deodorant
2.7-3 oz., selected varieties

Find all your body care items at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

NEBRASKA

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OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

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- Sioux Falls Food Co+op

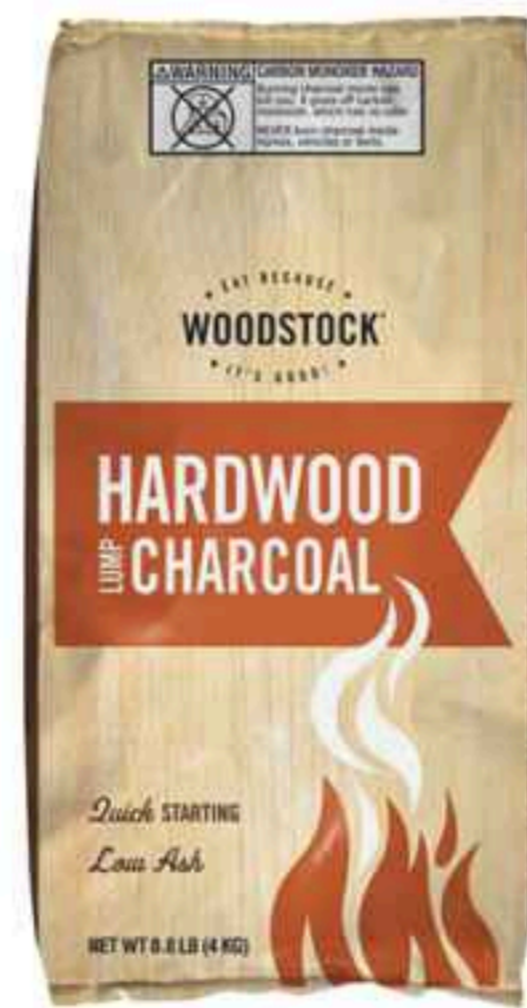
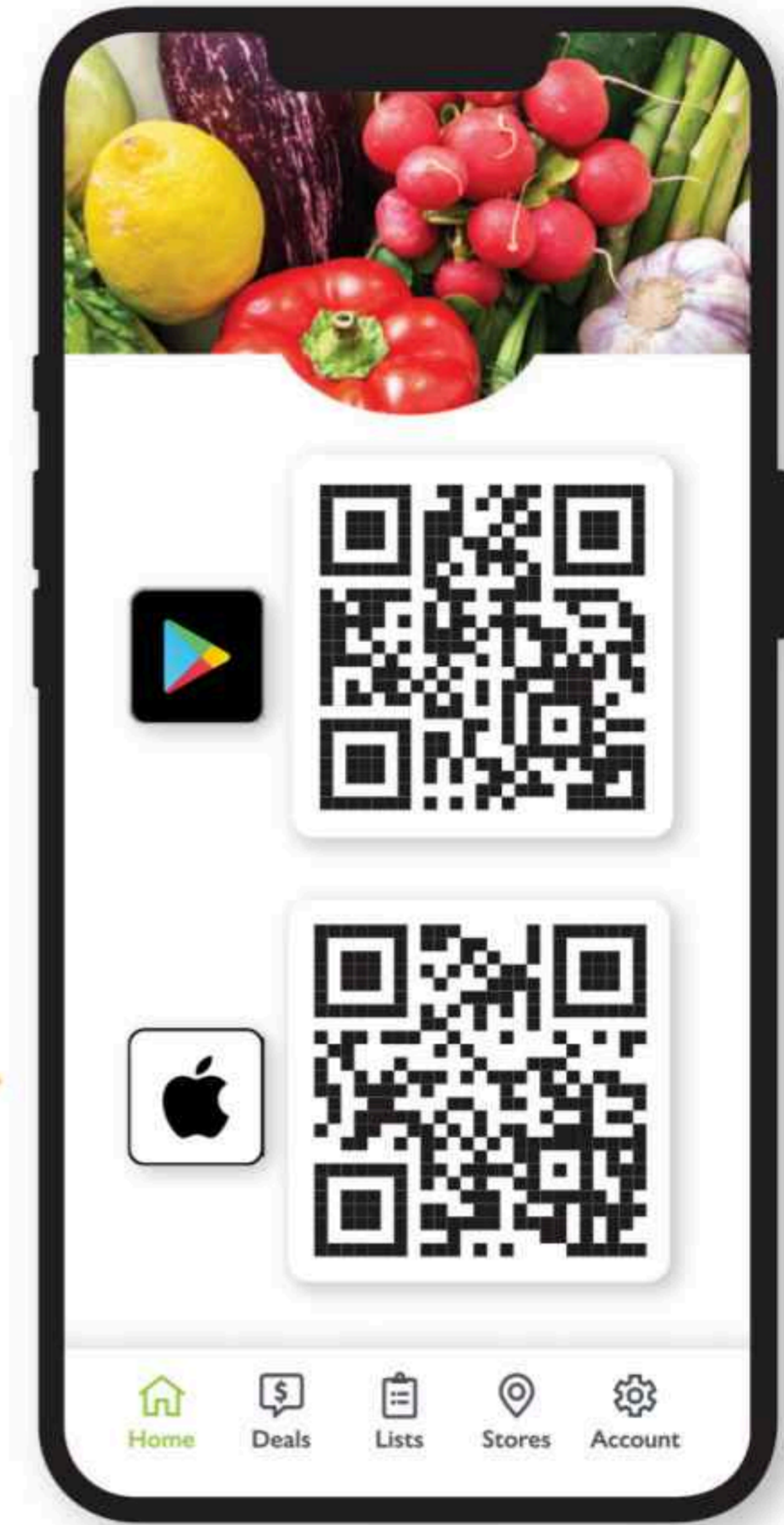
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- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!



10.99
Woodstock
Lump Hardwood
Charcoal
8.8 lb.



3.49
Repurpose
Compostable
Plates or Bowls
20 ct., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



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