

coop deals

JUL 5 - JUL 18, 2023

time to gather

INCLUSIVE TRADE PARTNER

Siete Family Foods is a Hispanic-owned and mission-based company passionate about making and sharing real food. Their grain-free tortilla chips are the perfect addition to your summer outing.



3.79

Siete
Grain-free Tortilla Chips
5 oz., selected varieties



2/\$6
Tasty Bite
Organic Entrees
8.8-10 oz., selected
varieties



3.99
C2O
Coconut Water
33.8 fl. oz., selected
varieties



2/\$8
Silk
Almondmilk
64 fl. oz., selected
varieties



4.49
Udi's Gluten Free
Hot Dog Buns
12.9 oz.



6.29
Hodo
Organic Tofu
Nuggets or
Burgers
8 oz., selected varieties



10.99
California Olive
Ranch
Extra Virgin Olive
Oil
25.4 fl. oz.



Shop for your camping, BBQ or poolside event.

The co-op has snacks you love.



4/\$5

Fage
Greek Yogurt
5.3 oz., selected varieties



2/\$4

Mountain Valley
Spring Water
33.8 fl. oz., selected varieties



4.99

Organic Valley
Cheese Slices
6-8 oz., selected varieties



5.29

Bitchin' Sauce
Almond Dip
8 oz., selected varieties



5.29

Forager Project
Organic
Cashewmilk
Yogurt
24 oz., selected varieties



5.49

Bizzy
Organic Cold
Brew Coffee
48 fl. oz., selected varieties

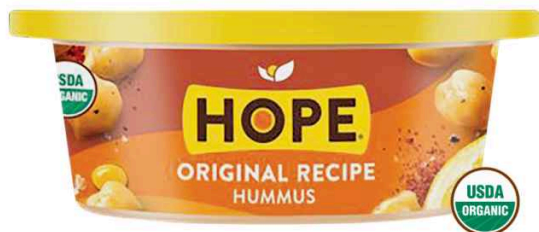


6.99

Bubbies
Pickles or Pickle
Chips
33 fl. oz., selected varieties

see what's new at Hope

Hope Hummus is now certified plastic neutral! Plus, we have added plant-based omega 3s, with no change to our homemade texture or fresh taste. Spread good things.



2/\$7

Hope
Organic Hummus
8 oz., selected varieties



Find something cool and refreshing at the co-op.



freezer pleaser

Share the love.

2/\$9

Ben & Jerry's Ice Cream
1 pt., selected varieties



3.29

Lightlife Organic Tempeh
8 oz., selected varieties



4.49

Dr. Praeger's Veggie Burgers
8-10 oz., selected varieties



POP-notch ingredients

With a commitment to making snack time more inclusive, we choose dairy-free and gluten-free ingredients every time. Our tasty pops drive social change, helping you feel genuinely good inside and out.

2/\$8

Goodpop Frozen Dairy-free Dessert
9.9-13.2 fl. oz., selected varieties



Head outside with delicious food from the co-op.



2/\$8

Annie's Homegrown Organic Dressing
8 fl. oz., selected varieties

farm to frozen



Woodstock Organic Frozen Vegetables are quick frozen to maintain their nutrition and goodness without the use of preservatives, artificial colors or flavors.

2/\$5 Woodstock Organic Frozen Vegetables
10 oz., selected varieties



2/\$4

Essentia Ionized Water
50.7 fl. oz.



2.29

Just Ice Tea Organic Tea
16 fl. oz., selected varieties



3/\$5

Steaz Organic Iced Green Tea
16 fl. oz., selected varieties



new look — still family owned

Bionaturae artisan organic products from Italy support 200+ responsible family farms and are certified glyphosate free. Taste the high-quality ingredients when preparing your meals for loved ones.

2/\$5

Bionaturae Organic Pasta
16 oz., selected varieties



2/\$10

Kashi Organic Cereal
9.5-16.3 oz., selected varieties

Shop the co-op for items you love.

Some items may not be available at all stores or on the same days



3.29

**Unique Snacks
Pretzel Splits**

11 oz., selected varieties



enhance any moment

San Pellegrino guides you to unique taste experiences. An experience that begins with fine food and ventures far beyond. With its incomparable sense of taste and Italianity, San Pellegrino can enhance any moment.

2.19

**San Pellegrino
Sparkling Mineral Water**

25.3-33.8 fl. oz., selected varieties



2/\$9

**Annie's Homegrown
Organic Fruit Snacks**

7 oz., selected varieties



2.99

**Spudsy
Sweet Potato Fries**

4 oz., selected varieties

goodness on the go

Keeping your energy up never felt so good. As part of our mission to help create a healthier, more sustainable food system, we make every bar with sustainably sourced ingredients, such as chocolate and wholesome, plant-based, organic ingredients like rolled oats.



2/\$3

**Luna
Organic Bars**
1.69 oz., selected varieties



2/\$3

**Clif
Bars**
2.4 oz., selected varieties



2/\$4

**Clif
Organic Nut Butter Bar
or Builders Protein Bar**
1.76-2.4 oz., selected varieties



5.49

**Clif
Organic Zbar**
6-1.27 oz. bars, selected varieties

Find summer snacks at the co-op.

stars, stripes, and snacks



Have a blast this summer with a bag of **Late July®** tortilla chips. Whether it's a backyard BBQ or a beach day, Late July® uses the finest organic and non-GMO ingredients to make your hottest days delicious.

2/\$7

Late July
Organic Tortilla Chips
7.4-10.1 oz., selected varieties

3.99

Late July
Organic Salsa
15.5 oz., selected varieties

our best-selling sparkling water



Stock up this summer on Nixie Sparkling Water, an award-winning line of delicious, certified-organic sparkling waters with the mission to eliminate sugar, single-use plastic bottles and toxic-persistent pesticides from the beverage aisle.



2/\$9

Nixie
Organic Sparkling Water
8 pk.-12 fl. oz. cans, selected varieties



3.99

Mary's Gone Crackers
Organic Crackers
5-6.5 oz., selected varieties



2/\$6

Equal Exchange
Organic
Chocolate Bars
2.8 oz., selected varieties



2/\$6

Theo
Organic
Chocolate Bars
3 oz., selected varieties



4.49

Green Mountain
Gringo
Salsa
16 oz., selected varieties

The co-op has snacks everyone will love.



9.99

Woodstock Lump Hardwood Charcoal
8.8 lb.



2/\$5

Aura Cacia Mineral or Fizzy Bath
2.5 oz., selected varieties



3.19

Lily of the Desert 99% Aloe Vera Gelly
4 oz.



6.39

Kiss My Face Moisture Shave
11 fl. oz., selected varieties



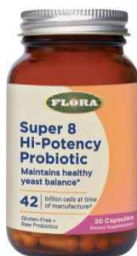
12.99

Ultima Replenisher Electrolyte Drink Mix
3.2-3.7 oz., selected varieties



17.99

Weleda Skin Food Nourishing Day Cream
1.3 fl. oz.



18.29

Flora Super 8 Hi-Potency Probiotic
30 ct.



48.99

Nordic Naturals Ultimate Omega
180 ct.



*real ingredients,
real benefits*

Looking for delicious and natural self-care solutions? Try one of the many high-quality juices from R.W. Knudsen Family®. No matter your need, there's a juice for THAT.™

6.99

R.W. Knudsen Organic Just Juice
32 fl. oz., selected varieties



30.49

Garden of Life Raw Organic Protein & Greens Powder
19.3-23 oz., selected varieties

Products for the whole family are at the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Co-op Market
Keweenaw Co-op Market & Deli

Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli

Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

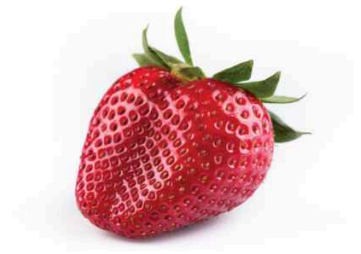
Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op



to find a food co-op near you, visit us online at: grocery.coop



America's favorite organic ice cream

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

7.99 Alden's Organic Ice Cream
48 fl. oz., selected varieties



3.79
Tony's Chocolonely Chocolate Bars
6.35 oz., selected varieties



2/\$6
The Good Crisp Company Potato Crisps
5.6 oz., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

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