

coop deals

JUN 1 - JUN 14, 2022

protect your skin

FUN IN THE SUN

Stock up on Alba Botanica Sunscreen at the co-op, and keep a bottle handy as summer activities send everyone outside. Enjoy fun in the sun and feel great about protecting your skin with moisturizing sunscreen.



8.49

Alba Botanica Sunscreen

4 fl. oz., selected varieties



3/\$5

Rxbar Protein Bars
1.83 oz., selected varieties



2/\$5

Kevita Organic Sparkling Probiotic Drink
15.2 fl. oz., selected varieties



2.79

Annie's Organic Ketchup
20-24 oz., selected varieties



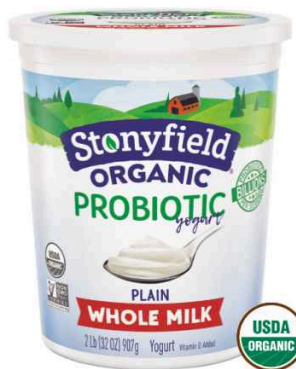
Summer snacks are at the co-op.

Have fun in the sun.

made for every bowl



3.49
Brown Cow
Whole Milk Yogurt
32 oz., selected varieties



3.99
Stonyfield
Organic Yogurt
32 oz., selected varieties



4.99
Siggi's
Skyr Yogurt
24 oz., selected varieties

Our rich yogurt is never made with artificial flavors, sweeteners or preservatives — whether it's Greek or Icelandic, plain or maple, cream top or probiotic packed.



Healthy yogurt choices throughout the co-op.
Cool summer snacks.



3/\$5
Siggi's
Plant-based
Yogurt
5.3 oz., selected varieties



4.99
Organic Valley
Lactose Free Milk
64 fl. oz., selected varieties



3.29
Kalona
Supernatural
Organic Sour
Cream
16 oz.



3.49
Good Culture
Organic Cottage
Cheese
16 oz., selected varieties



4.49
Lifeway
Organic Whole
Milk Kefir
32 fl. oz., selected varieties

Plenty of probiotics are at the co-op.



3.99

**Evolution Fresh
Organic Juices**
15.2 fl. oz., selected varieties

award-winning cheddar cheese



Organic Valley's raw cheddar cheese comes from pasture-raised cows, and it's always loaded with the rich, delicious flavor of cheese made the right way.

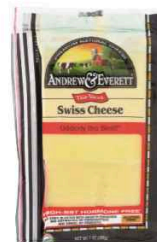
4.99

**Organic Valley
Raw Cheese**
8 oz., selected varieties



2/\$6

**Vital Farms
Butter**
8 oz., selected varieties



3.49

**Andrew &
Everett
Sliced Cheese**
7 oz., selected varieties



plain extraordinary®

Deliciously rich and creamy and made with only milk and live active cultures. Everyday can be extraordinary with FAGE Total Yogurt.

4.99

**Fage
Greek Yogurt**
32 oz., selected varieties



2/\$7

**RebbL
Organic Protein Beverage**
12 fl. oz., selected varieties

Fill the fridge with options from the co-op.



2.29
Hail Merry
Dessert Cups
1.5 oz., selected
varieties



3.49
Oatly
Oatmilk
64 fl. oz., selected varieties



5.49
Field Roast
Plant-based Frankfurters
16 oz.



6.99
Miyoko's Creamery
Organic Double
Cream Cashewmilk
Cheese
6.5 oz., selected varieties



2.49
Califia Farms
Cold Brew Coffee
10.5 fl. oz., selected
varieties



2/\$5
GT's
Alive Ancient
Mushroom Elixir
16 fl. oz., selected
varieties

*dip into
something worth
sharing*



2/\$3
Kite Hill
Almond Milk
Yogurt
5.3 oz., selected varieties



3.79
Kite Hill
Dips or
Sour Cream
8 oz., selected varieties



4.49
Kite Hill
Almond Milk
Yogurt
16 oz., selected varieties



5.99
Kite Hill
Cream Cheese
8 oz., selected varieties

Kite Hill is on a mission to elevate your expectations of how amazing plant-based eating can be. From high-protein yogurt to crave-worthy dips, we have something for everyone at your table.

Find plant-based selections at the co-op.

Some items may not be available at all stores or on the same days



2/\$9

Jolly Llama Dairy-free Coconut Cream Cones
3 ct., selected varieties



2/\$6

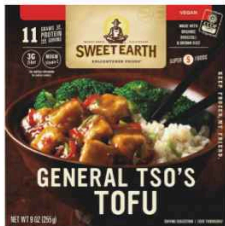
Annie's Homegrown Pizza Poppers
5-6.8 oz., selected varieties

delight in every bite

Crafted from only the best organic ingredients, including real vanilla and stick-to-your-fingers wafers, these Old School Vanilla Ice Cream Sandwiches will leave you reaching for more.

5.99

Alden's Organic Frozen Novelties
6-8 ct., selected varieties



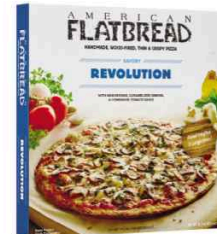
3.99

Sweet Earth Frozen Entrees
7.5-9.5 oz., selected varieties



5.99

Field Roast Plant-based Corn Dogs, Wings and Nuggets
10 oz., selected varieties



8.49

American Flatbread Pizza
16-17.1 oz., selected varieties



ice cream with pride

Coolhaus Ice Cream is creamy, delicious and available in dairy or dairy-free pints and novelties! Proudly LGBTQIA+ and women-founded and led.

2/\$8

Coolhaus Ice Cream
1 pint, selected varieties



7.99

Field Day Organic Blueberries
32 oz.



Everything from entrees to dessert is at the co-op.

Some items may not be available at all stores or on the same days



4/\$5

Luna Nutrition Bars
1.69 oz., selected varieties



5.99
Food For Life Sprouted Cereal
16 oz., selected varieties



2/\$7

Envirokidz Organic Cereal
10-11.5 oz., selected varieties



3.79

One Degree Organic Sprouted Cereal
8-12 oz., selected varieties



7.99

Once Again Organic Tahini
16 oz., selected varieties



3.29

Pacific Foods Organic Plant-based Beverage
32 fl. oz., selected varieties



8.99

Equal Exchange Organic Coffee
10-12 oz., selected varieties



2/\$7

R.W. Knudsen Organic Juice
32 fl. oz., selected varieties



2/\$8

Organic India Tulsi Tea
18 ct., selected varieties



scoop up the savings in bulk!

2.49

Organic Pinto Beans
per pound in bulk



3.29

Organic Thompson Raisins
per pound in bulk



6.99

Organic Walnut Halves & Pieces
per pound in bulk



The co-op helps you start your day.

good from
the grain up



From snack time to dinner time, make every choice a good one — for your plate and the planet — with great-tasting grains grown in partnership with nature. Isn't that delicious?



2/\$6

Lundberg Family Farms Organic Thin Stackers
6 oz., selected varieties

2/\$7

Lundberg Family Farms Organic Rice Cakes
8.5-10 oz., selected varieties

2/\$6

Lundberg Family Farms Organic Rice Pilaf or Mix
5.5-6 oz., selected varieties

6.99

Lundberg Family Farms Organic Basmati Rice
32 oz., selected varieties



2/\$5

Natural Sea Yellowfin Tuna
5 oz., selected varieties



5.49

Sir Kensington's Classic Mayonnaise
12 fl. oz.



12.99

Spectrum Organic Extra Virgin Mediterranean Olive Oil
33.8 fl. oz.



2/\$6

Montebello Organic Pasta
16 oz., selected varieties



6.99

Lucini Italia Organic Pasta Sauce
25.5 fl. oz., selected varieties



20.99

Field Day Organic Olive Oil
67.6 fl. oz.



Great dinners begin at the co-op.

*organic
snacks for
everybunny*



Let our bunny-shaped treats make snack time extra fun (and our organic ingredients make your day a little more joyful, too!).



2/\$6

Annie's Homegrown Organic Fruit Snacks
5 pack, selected varieties

2/\$6

Annie's Homegrown Organic Cheddar Puffs
4-4.3 oz., selected varieties

2/\$8

Annie's Homegrown Organic Snack Mix
9 oz., selected varieties



4/\$5

Annie's Homegrown Mac & Cheese
5.25-6 oz., selected varieties



2/\$4

C2O Coconut Water
17.5 fl. oz., selected varieties



functional energy seltzer

Every can is made to give you refreshing energy along with essential nutrients. Hiball Energy Seltzer is rich in organic ginseng, organic guarana, B vitamins and 160 mg of organic caffeine.

2/\$4

Hiball Energy Seltzer
16 fl. oz., selected varieties



5.99

Maranatha Organic Peanut Butter
16 oz., selected varieties

The co-op has great deals in every aisle.



100% plant based, 100% delicious



Organic, vegan, gluten free, kosher, non-GMO and C.L.E.A.N. And if there was a certification for delicious, we'd have that, too.



2/\$5
Back To Nature
Crackers
4-8.5 oz., selected
varieties

2/\$4

**Gomacro
Organic Macrobar**
2-2.5 oz., selected varieties



2/\$5
Barbara's
Cheese Puffs
5.5-7 oz., selected
varieties



2/\$5
Alter Eco
Organic
Chocolate Bars
2.65-2.82 oz., selected
varieties

LaCroix... taste beyond!



LaCroix Pamplemousse Sparkling Water is a pantry staple. Pamplemousse is French for grapefruit, and it tastes fresh and ripe. LaCroix natural essence sparkling water contains zero calories, zero sweeteners and zero sodium. Pamplemousse, please!

4.99

**LaCroix
Sparkling Water**
12 pk-12 fl. oz. cans, selected varieties



2/\$5
Good Health
Avocado Oil
Potato Chips
5 oz., selected varieties



Your favorite snacks are at the co-op.

Some items may not be available at all stores or on the same days



29.99

**Primal Kitchen
Collagen Fuel
Drink Mix**
13.1-14.3 oz., selected
varieties



*add nutrients
to any meal*

Each serving of Hemp Hearts offers 10 g of plant protein and 12 g of omegas 3 and 6. Manitoba Harvest takes only the freshest, highest-quality hemp seeds from field to table.

5.99

**Manitoba Harvest
Hemp Hearts**

8 oz.



Flavorful and healthy options at the co-op.
Spice up your kitchen.



*support inflammatory
response with turmeric*

Garden of Life myKind Organics Extra Strength Turmeric contains 100 mg of organic curcumin with added Certified Organic whole turmeric and ginger root fermented to support their bioavailability.

19.99

**Garden Of Life
mykind Organics
Extra Strength Turmeric**
60 tablets



Find all of your supplements at the co-op.



fresh starts here

Schmidt's Natural Deodorant helps neutralize odor and keeps you fresh with 24-hour odor protection. This product is formulated to be gentle on skin, with 100% natural origin ingredients, as certified by Ecocert.



2.99

Ecover Liquid Dish Soap 25 fl. oz., selected varieties

6.99

Schmidt's Natural Deodorant 2.65 oz., selected varieties



2/\$6

Dr. Bronner's Pure Castile Bar Soap 5 oz., selected varieties



100% recycled paper bath tissue

Seventh Generation 100% Recycled Paper Bath Tissue is an extra-strong and soft two-ply toilet paper whitened without chlorine bleach.



3.99

World Centric Compostable 9" Plates 20 ct.

8.49

Seventh Generation 100% Recycled Bath Tissue 12 pk.

From body care to household goods, the co-op has it.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Co-op Market
Keweenaw Co-op Market & Deli

Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli

Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op



to find a food co-op near you, visit us online at: grocery.coop



plant-based deliciousness

Our mission is to nourish lives by making smart food choices that support a healthy body, cultivate a curious mind and food palate, and honor and sustain the land.

5.99

Sweet Earth Mindful Chik'n Strips
8 oz.



8.99

Woodstock Lump Hardwood Charcoal
8.8 lb.

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

MW0622A

