

coop™ deals

JAN 17 - JAN 30, 2018



win big!

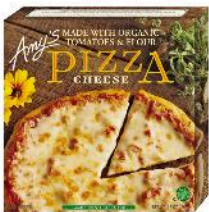
MANGO JICAMA GUACAMOLE

Sweet, crunchy and as spicy as you want — find the recipe for this crowd-pleasing dip at www.strongertogether.coop. Double or triple it; you'll be glad you did!



2/\$5

Late July Snacks
Organic Thin & Crispy
Tortilla Chips
11 oz., selected varieties



5.99

Amy's
Pizza
12-14 oz., selected
varieties
other Amy's Pizzas also
on sale



10/\$10

Siggis
Icelandic Style
Yogurt
4.4-5.3 oz., selected
varieties



10/\$10

Muir Glen
Organic Tomatoes
14.5 oz., selected
varieties



Find great game day recipes and tips at www.strongertogether.coop.

We've got food for a fun feast.

winning game plan

SLIDERS, DOGS AND SUBS

Stop by the co-op for all the fixings you need for great game day sandwiches. And visit www.strongertogether.coop for tips on planning and delicious recipes.



3.99

Rumiano
Organic Cheese
8 oz., selected varieties



4.99

Beyond Meat
Beef Free Burgers
8 oz.
other Beyond Meat
products also on sale



2.99

Lightlife
Smart Dogs
12 oz.
other Lightlife products
also on sale



spuds-a-plenty

Kids love 'em and adults crave 'em! Crispy on the outside and tender on the inside, these golden nuggets are made from fresh, organically grown potatoes.

2/\$5

Cascadian Farm Organic
Frozen Potatoes
16 oz., selected varieties



4.99

Wildbrine
Sauerkraut
18 oz., selected varieties

Score big with savings at your co-op!



2/\$4

Peeled Snacks
Organic Peas
Please
3.3 oz., selected varieties



2.99

Zico
Coconut Water
33.8 oz., selected
varieties



2/\$5

Beanfields
Bean & Rice Chips
5.5 oz., selected varieties



2.39

Crunchmaster
Crackers
4.5 oz., selected varieties



2/\$5

Late July Snacks
Organic Cantina
Dippers
8 oz., selected varieties



2.39

Stacy's
Pita Chips
7.33 oz., selected
varieties



2/\$4

Blue Diamond
Nut Thins
4.25 oz., selected
varieties



2/\$5

Terra
Vegetable Chips
5-6 oz., selected varieties



3.39

Mediterranean
Organic
Olives
8.1-8.5 oz., selected
varieties



it's snacktacular

SAVE BIG FOR THE BIG GAME

For dips, chips and all the ingredients for your famous nachos, the co-op is your snack headquarters. Pick up a six-pack or three of your favorite festive beverage and you're set!



Make your own or pick up deli dips and snacks.



2.39
Woodstock Organic Ketchup
 20 oz.
 other Condiments also on sale



2.99
Field Day Organic Pasta Sauce
 26 oz., selected varieties



1.99
Field Day Organic Pizza Sauce
 15.5 oz.



3.99
Udi's Gluten Free Buns
 10.4-10.8 oz., selected varieties



1.99
Field Day Organic Pasta
 16 oz., selected varieties



Pizza, chili, lasagna, burgers, enough for a crowd.
Entertaining made simple.



allergy-friendly foods

All Hilary's products are free from the top eight allergens plus corn, so your entire family can enjoy the deliciousness worry-free!

2/\$6

Hilary's Veggie Burgers
 6.4 oz., selected varieties



2.39
Field Day Organic Coconut Milk
 13.5 oz., selected varieties



2/\$6
Sweet Earth Burrito
 6-7 oz., selected varieties

You are the co-op difference - thanks for shopping!



4.39
 Nancy's
 Organic Whole Milk
 Yogurt
 32 oz., selected varieties



3.99
 Organic Valley
 Organic Grassmilk
 Yogurt
 24 oz., selected varieties



12.99
 Organic Valley
 Organic Aseptic
 Milk
 12 ct., selected varieties



4/\$5
 Liberte
 Organic Yogurt
 5.5 oz., selected varieties



4.99
 Chobani
 Greek Yogurt
 32 oz., selected varieties



Fresh food from family farms, made with care.

Shop now and save.



4/\$5
 Stonyfield
 Organic Greek
 Yogurt
 5.3 oz., selected varieties



2/\$5
 Kevita
 Organic Kombucha
 15.2 oz., selected varieties



3.99
 Lifeway
 Organic Kefir
 32 oz., selected varieties



3.69
 Stonyfield
 Organic Yokids
 Squeezers
 8 ct., selected varieties

Local, organic, grass fed, probiotic, tasty.

Some items may not be available at all stores or on the same days



blend these up

Woodstock and **Harvest Bay** make the perfect blend with superior, simple ingredients including real organic fruit and no added sugar coconut water. When you mix up a smoothie using Woodstock frozen fruit and Harvest Bay coconut water, you will not only taste the difference, but feel the difference. Imagine all of the blendabilities!

2/\$6

Harvest Bay
All-Natural Coconut
Water
33.8 fl oz.

2.99

Woodstock
Organic Frozen
Diced Mangos
10 oz., other Woodstock frozen
items are also on sale

3.99

Woodstock
Organic Frozen
Wild Blueberries
10 oz., other Woodstock frozen
items are also on sale



3.69

Evolution Fresh
Fruit Juice
Smoothie
15.2 oz., selected
varieties



4.69

Farmhouse Culture
Organic Gut Shots
16 oz., selected varieties



3.69

Califia Farms
Almondmilk
48 oz., selected varieties



9.99

Wyman's
Frozen Wild
Blueberries
3 lb.
other Frozen Fruit also
on sale



2/\$5

Van's
Waffles
8-9 oz., selected varieties



4.69

Applegate
Organics
Breakfast Sausages
7 oz., selected varieties



2/\$6

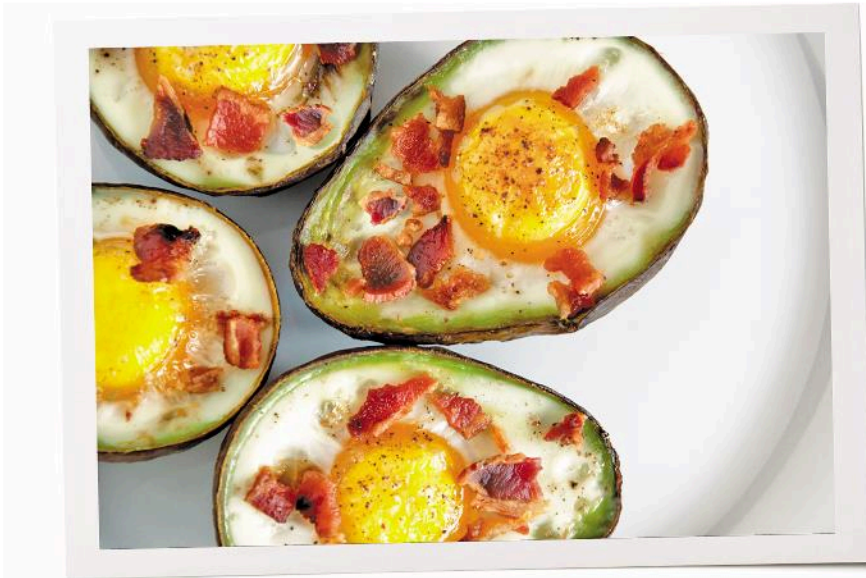
Silver Hills
Bread
14-22 oz., selected
varieties
Organic Bread 2/\$7



4.69

Organic Valley
Organic Cheese
8 oz., selected varieties

Up your breakfast game with these great deals.



say yum!

LUSCIOUSLY LOW-CARB

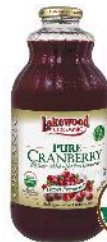
A baked avocado is a lovely surprise, creamy and warm, and a delicious complement to the egg. It's also great scooped up with toast! Find the recipe at www.strongertogether.coop.



4.39
Organic Valley
Organic Brown
Eggs
doz., Large or Extra
Large, selected varieties



8.99
Equal Exchange
Organic Breakfast
Blend Coffee
per pound in bulk
Decaf Breakfast Blend
Coffee \$11.99



7.99
Lakewood Organic
Pure Juice
32 oz., Cranberry or
Blueberry, selected
varieties



2/\$5
R.W. Knudsen
Very Veggie Juice
32 oz., selected varieties



2.99
Annie's Homegrown
Organic Cereal
10-10.8 oz., selected
varieties



2.99
Kashi
Organic Cereal
9.5-16.3 oz., selected
varieties



7.99
MaraNatha
Almond Butter
12 oz., selected varieties



2/\$6
Peace
Cereal
10-14 oz., selected
varieties



3.99
Rudi's
Organic Bakery
Bread
18-24 oz., selected varieties
Rudi's Gluten-free Bread
also on sale



4.39
Santa Cruz
Organic Peanut
Butter
16 oz., selected varieties

Kick-start your day with morning meal savings!



2.39
Annie's Naturals
Organic Dressing
8 oz., selected varieties



2.39
Boulder Canyon
Potato Chips
5.25-6.5 oz., selected
varieties



10.99
Spectrum
Organic Extra Virgin
Mediterranean Olive
Oil
33.8 oz.



2/\$5
Tasty Bite
Ready-to-Heat
Entrees
10 oz., selected varieties



2.39
Health Valley
Organic Soup
14.25-15 oz., selected
varieties



Food for your family; nourishing your community.
All are welcome at the co-op!



2.39
Pacific
Organic Nut
Beverage
32 oz., selected varieties



7.99
Artisana Organics
Raw Coconut
Butter
14 oz.



2.99
Imagine
Organic Soup
32 oz., selected varieties



scoop up the savings in bulk!

2.99
Organic Thompson
Raisins
per pound in bulk

11.99
Deluxe Roasted and
Salted Mixed Nuts
per pound in bulk

1.99
Organic Garbanzo
Beans
per pound in bulk

Go greener! Save money! Buy in bulk!



simply delicious!

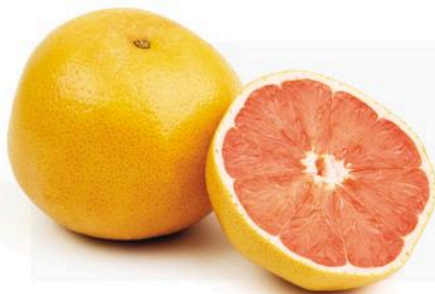
NUTRITION TO GO

Shakes, smoothies, bars and more to fuel your busy day. Stock up and save!



5/\$5

Clif Bar
Energy Bar
2.4 oz., selected varieties



Feel good with fresh, friendly food from local people.

Your co-op has you covered.



3/\$4

ThinkThin
Protein Bar
2.1 oz., selected varieties



2.99

Organic Valley
Organic Fuel
Protein
11 oz., selected varieties



9.99

Emergen-C
Vitamin C Dietary
Supplement
18-30 ct., selected
varieties



23.99

Tera's Whey
Organic Whey Protein
Powder
12 oz., selected varieties



Eat well. Be well. Stay well.



9.99

**Nutrition Now
PB8 Acidophilus**
60 ct., selected varieties
other Nutrition Now
Supplements also on sale



19.99

**Spectrum
Fish Oil**
250 ct.
other Spectrum products
also on sale



19.99

**Garden Of Life
Vitamin Code Raw D3**
60 ct.
other Vitamin Code products also on sale



19.99

**Oregon's Wild
Harvest
Turmeric**
60 ct.
other Herbal
Supplements also on sale



9.99

**Herb Pharm
Super Echinacea
Extract**
1 oz.
other Herbal Extracts also
on sale



Support great health with honest ingredients.

Winter wellness is on its way.



stay fueled

Made from simple, clean ingredients,
all GoMacro MacroBars are certified
vegan, gluten-free, organic, raw,
clean, kosher and non-GMO project
verified.

2/\$4

**GoMacro
Organic MacroBar**
2-2.5 oz., selected varieties



2.39

**Celestial Seasonings
Herbal Tea**
20 ct., selected varieties



Everyone can shop; anyone can join a co-op.



stay well

SUPPORT YOUR HEALTH

High-quality products from exceptional companies to keep you and your family feeling great this winter — available every day at your co-op.



6.99

**Desert Essence
Thoroughly Clean
Face Wash**
8.5 oz., selected varieties



9.99

**Everyday Coconut
Hydrating Coconut
Body Lotion**
32 oz.
other Everyday Coconut
products also on sale



8.99

**Jason
Body Wash**
30 oz., selected varieties



4.99

**Tom's of Maine
Toothpaste**
4.7 oz.
other Tom's of Maine
products also on sale



8.99

**ECOS
Liquid Laundry
Detergent**
100 oz., selected
varieties



2/\$5

**Seventh Generation
Dish Liquid**
25 oz., selected varieties

Healthy homes, healthy planet, happy people.

Shop for fresh, delicious, local food at a co-op near you

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Neighborhood Co-op Grocery

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Cooperative Grocery
Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op

People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Hampden Park Co-op
Harmony Natural Foods Co-op
Harvest Moon Natural Foods
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

The Co-op Natural Foods

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Willy Street Co-op



to find a food co-op near you, visit us online at: www.strongertogether.coop



3.39

Jackson's Honest
Tortilla Chips
10 oz., selected varieties



2.99

Muir Glen
Organic Salsa
16 oz., selected varieties



1.99

Bearitos
Organic Refried Beans
16 oz., selected varieties



3.99

Glutino
Gluten-Free
Pretzels
14.1 oz., selected varieties



3.69

Garden Of Eatin'
Tortilla Chips
16 oz., selected varieties



2/\$6

Annie's
Homegrown
Cookies
8.06-8.4 oz., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days